

A young child with dark, curly hair is sitting on a bed, smiling and looking towards the camera. The child is wearing a white diaper. The background is a softly blurred bedroom with a white headboard and pillows.

# IMPACT REPORT 2025



# A Note From Our Executive Director

At Diaper Train, impact is about people - caregivers doing their best, babies growing fast, and a community that continues to show up with compassion and care.

This past year, thanks to your support, we distributed nearly 1.2 million diapers, up from 878,000 in 2024. This growth reflects both the ongoing diaper need in our community and the strong relationships we've built to ensure diapers reach families who need them most.

This year also brought meaningful change. In January 2025, we signed a new lease and moved into our new space at Tillery Place in April. Leaving St. Saviour's Center was bittersweet - it was foundational to our growth and will always be a part of our story. While the transition was unexpected, Tillery Place now truly feels like home. In May, we were proud to welcome the community inside during our Open House and celebrate this next chapter together.

Behind every diaper is a caregiver experiencing a little less stress and a little more dignity. We hear it often from parents: having enough diapers means one less impossible decision. Whether you donated a case of diapers, volunteered your time, shared our work, or gave financially - you made this impact possible.

I am continually inspired by this community's generosity and care. Thank you for standing with families and for making this work possible. Together, we are building a stronger, healthier community - one diaper at a time.



*Katie Lowek*

Katie Lowek  
Executive Director



# Impact Numbers



**1,182,000**  
diapers distributed



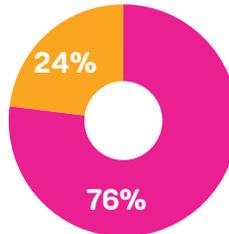
**28,000**  
service visits

In the past year, 4,740 unique children were served by Diaper Train—but the need didn't stop at one visit. Families returned more than 28,000 times for diapers, reflecting the ongoing, monthly nature of diaper insecurity.

## Distribution Methods

DIRECT TO CLIENT **76%**

THROUGH PARTNER AGENCIES **24%**



## Volunteers



**4100**  
hours of volunteer service



**1240**  
volunteer shifts



**\$130,000 +**  
in financial value

## In-Kind donations



**\$50,000**  
value in in-kind donations



**131,000**  
diapers donated



“I do everything I can for my family—Diaper Train helps with the part I still can’t cover.”  
— Tristan, father of 3

# FUNDING

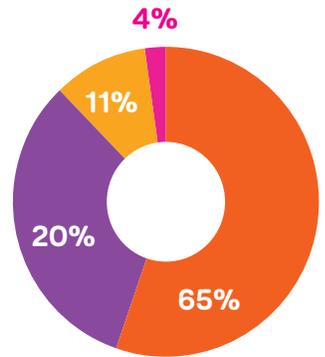
## Income

GRANTS

INDIVIDUALS/SMALL BUSINESSES

FAITH COMMUNITIES

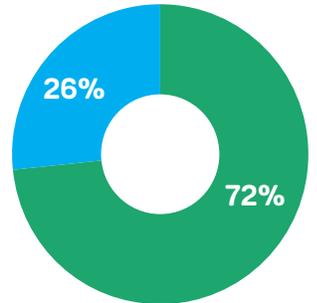
PASSIVE INCOME



## Expenses

DIAPERS AND CLIENT PROGRAMS

OPERATIONS AND ADMINISTRATION



# When families don't have enough diapers:

Parents miss work or school, limiting income, stability, and opportunity.

Babies' health and comfort are compromised.

Caregivers carry added emotional and mental stress.

Child care is out of reach without a daily supply of diapers.

By providing diapers, you can help end the cycle of poverty.



# Partner Agencies

29

agencies received  
regular diapers from  
Diaper Train

70

partners referred  
families to Diaper  
Train

## SOME OF OUR KEY PARTNERS

- SAFEchild
- Wake County Health & Human Services
- WakeMed Pediatrics
- YMCA of the Triangle
- Interact
- The Green Chair Project
- Lutheran Services Carolinas
- Connecting Community
- Dorothy Mae Hall Women's Center
- Family Promise
- Food Not Bombs
- Haven House
- Kirk of Kildaire Presbyterian Church
- NCSU Pack Essentials
- Seasons Village
- Southeastern Healthcare of NC
- Southlight Behavioral Health
- Kings Ridge
- NeighborUp
- Families Together
- Salvation Army
- Refugee Hope Partners

## How you can help

Demand for diapers continues to outpace supply, even as working families struggle with rising housing and food costs.

Families rely on Diaper Train month after month — not just in crisis, but as a steady source of support.

With your support we can meet the diaper need in Wake County.

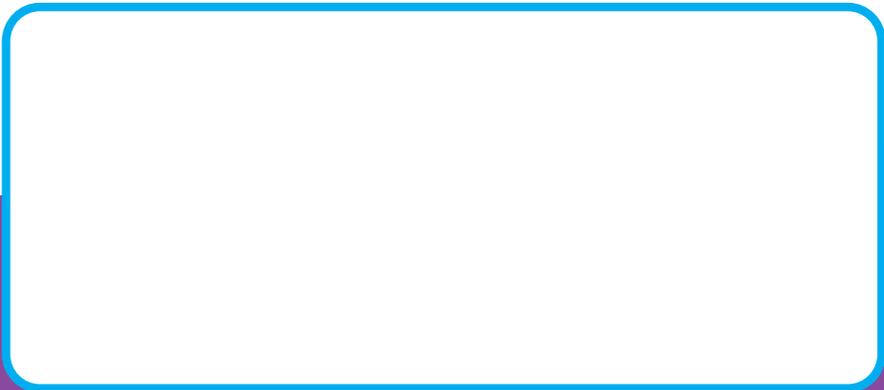
**Donations can be made at  
diapertrain.org or by scanning  
the QR code**

**donate today!**





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**2025**

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